

# Northwest Suburban Conference Championship - 5/22/2012 to 5/24/2012 - Coon Rapids High

Andover 138.5, Champlin Park 110, Blaine 84, Centennial 77, Anoka 66, Maple Grove 59.5, Elk River 54, Coon Rapids 38, Robbinsdale  
Armstrong 34, Park Center 25, Osseo 15

## 100 Meter Dash

- 1 Sando Joe Champlin Park 10.89
- 2 Boughner Cole Anoka 10.94
- 3 Ash Tommy Armstrong 11.04
- 4 Tambe Ayuk Blaine 11.09
- 5 Mulbah Mitchel Coon Rapids 11.35
- 6 Wiberg Dallin Coon Rapids 11.48
- 7 Adedeji Tosin Park Center 11.67
- 8 Zeon Frank Osseo 12.30

## 110 Meter Hurdles

- 1 Alexander Jay Champlin Park 14.73
- 2 Copeland Dajuan Blaine 14.80
- 3 Crutch DeShawn Andover 14.99
- 4 Grace Logan Elk River 15.34
- 5 Erding Tyler Centennial 15.58
- 6 Anyanwu Duke Blaine 15.643
- 7 Meaway Wilbert Maple Grove 15.67
- 8 Butler Caleb Blaine 16.25

## High Jump

- 1 Abram Taylor Champlin Par 6-05
- 2 Lilja Jason Coon Rapids 6-05.00
- 3 Ayinde Kunle Blaine 6-02.00
- 4 Strong Moe Anoka 6-02.00
- 5 Macfarlane Nick Andover 6-02.00
- 6 Harris Kaynan Coon Rapids 6-00.00
- 7 Sales Michael Champlin Park 6-00.00
- 8 Butorac Dan Maple Grove 6-00.00
- 8 Selseth Adam Andover 6-00.00

## 200 Meter Dash

- 1 Egbujor Emmanuel Champlin Park 22.10
- 2 Boughner Cole Anoka 22.21
- 3 Sando Joe Champlin Park 22.30
- 4 Mendin Patrick Blaine 22.66
- 5 Larson Chris Andover 22.75
- 6 Kwabi Kweku Champlin Park 22.90
- 7 Tambe Ayuk Blaine 32.73
- Rummels Juwan Armstrong FS

## 300 Meter Hurdles

- 1 Grace Logan Elk River 39.33
- 2 Crutch DeShawn Andover 39.82
- 3 Copeland Dajuan Blaine 40.17
- 4 Erding Tyler Centennial 40.19
- 5 Alexander Jay Champlin Park 40.53
- 6 Wiagbe Gus Osseo 41.03
- 7 Brostrom Cody Blaine 41.85
- 8 Fotso Jason Maple Grove 41.98

## Pole Vault

- 1 Cenaiko Conner Andover 13-03.00
- 2 Weigel Austin Maple Grove 13-03.00
- 3 Carollo Ben Anoka 12-09.00
- 4 Lange Alex Maple Grove 11-09.00
- 5 Erickson Tony Anoka 11-09.00
- 6 Bressler Dietrich Blaine 11-03.00
- 6 Dalton Nick Osseo 11-03.00
- 8 Schulte Jason Osseo 11-03.00

## 400 Meter Dash

- 1 Egbujor Emmanuel Champlin Park 49.03
- 2 Queenan Ryan Armstrong 50.17
- 3 Thill David Centennial 50.68
- 4 Mendin Patrick Blaine 50.69
- 5 Lindquist Brandon Anoka 51.85
- 6 Kwabi Kweku Champlin Park 52.28
- 7 Larson Jesse Centennial 52.56
- 8 Young Paul Blaine 53.01

## 4x100 Meter Relay

- 1 Robbinsdale Armstrong 43.46
- 2 Andover 43.92
- 3 Blaine 43.93
- 4 Osseo 44.78
- 5 Elk River 44.87
- 6 Maple Grove 44.88
- 7 Anoka 45.19
- 8 Centennial 46.32

## Long Jump

- 1 Sales Michael Champlin Park 21-05.00
- 2 Roy Zach Andover 21-04.25
- 3 Kordah Barinedum Park Center 20-10.25
- 4 Crutch DeShawn Andover 20-09.50
- 5 Strong Moe Anoka 20-07.50
- 6 Krouse Nick Andover 20-03.50
- 7 Erding Tyler Centennial 20-02.00
- 8 Kabaka Davis Champlin Park 19-10.25

## 800 Meter Run

- 1 Cotter Steven Andover 1:59.80
- 2 Gessner Brendan Centennial 2:00.74
- 3 Johantgen Dustin Maple Grove 2:01.09
- 4 Trapp Ryan Elk River 2:01.65
- 5 Bednar Jackson Coon Rapids 2:03.23
- 6 Hokkanen Spencer Centennial 2:03.71
- 7 McCarger Garrett Centennial 2:04.15
- 8 Otieno Samuel Park Center 2:04.33

## 4x200 Meter Relay

- 1 Blaine 1:31.33
- 2 Anoka 1:31.71
- 3 Andover 1:32.16
- 4 Centennial 1:32.75
- 5 Robbinsdale Armstrong 1:33.14
- 6 Maple Grove 1:33.96
- 7 Champlin Park 1:34.40
- 8 Elk River 1:34.70

## Triple Jump

- 1 Strong Moe Anoka 43-05.00
- 2 Daniels Treyton Park Center 42-10.00
- 3 Ayinde Kunle Blaine 42-00.25
- 4 Krouse Nick Andover 41-10.75
- 5 Abram Taylor Champlin Park 41-04.50
- 6 Ndege Fanaka Elk River 41-03.00
- 7 Butler Mikhail Coon Rapids 41-00.50
- 8 Baynes Ky'Eric Anoka 40-09.00

## 1600 Meter Run

- 1 Johantgen Dustin Maple Grove 4:28.34
- 2 Meados Chris Andover 4:28.44
- 3 Graham Ryan Maple Grove 4:30.85
- 4 Keller Jonathan Centennial 4:31.30
- 5 Trapp Ryan Elk River 4:31.67
- 6 Longen Matt Centennial 4:33.97
- 7 Heaton Sean Maple Grove 4:37.85
- 8 Jack Ben Centennial 4:37.87

## 4x400 Meter Relay

- 1 Elk River 3:28.33
- 2 Centennial 3:28.62
- 3 Robbinsdale Armstrong 3:29.42
- 4 Maple Grove 3:30.57
- 5 Andover 3:31.24
- 6 Park Center 3:31.26
- 7 Champlin Park 3:31.81
- 8 Osseo 3:32.20

## Shot Put

- 1 Anderson Tom Andover 55-05.00
- 2 Stephens Joe Champlin Park 53-08.50
- 3 Johnson Bryce Champlin Park 52-06.25
- 4 Oowski Lucas Coon Rapids 51-09.00
- 5 Putz Joe Andover 51-00.75
- 6 McLeod Chris Blaine 48-06.00
- 7 Hruska Jake Blaine 47-02.00
- 8 Ostendorf Brad Andover 46-10.00

## 3200 Meter Run

- 1 Keller Jonathan Centennial 9:57.71
- 2 Heaton Sean Maple Grove 9:59.03
- 3 Hellmann Kurt Andover 10:01.91
- 4 Trapp Lucas Elk River 10:03.31
- 5 Fisher Mitch Andover 10:05.56
- 6 Longen Matt Centennial 10:09.10
- 7 Weege Mitchell Elk River 10:10.53
- 8 Bowler Ryan Centennial 10:14.10

## 4x800 Meter Relay

- 1 Andover 8:07.68
- 2 Centennial 8:09.54
- 3 Anoka 8:18.29
- 4 Elk River 8:27.32
- 5 Coon Rapids 8:27.57
- 6 Blaine 8:34.12
- 7 Park Center 8:35.21
- 8 Osseo 8:36.87 1

## Discus Throw

- 1 Anderson Tom Andover 179-05 \*\*
- 2 Johnson Bryce Champlin Park 169-06
- 3 Simmons Brandon Blaine 143-01
- 4 Granger Jacob Coon Rapids 141-09
- 5 Olson Kevin Andover 139-11
- 6 Howard Terrance Park Center 137-05
- 7 McLeod Chris Blaine 136-08
- 8 Stephens Joe Champlin Park 135-03

\*\* Meet Record